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Nursing (Quick Study: Academic)

COMPONENTS OF THE NURSING PROCESS

- Assessment:** The process by which a nurse recognizes the physical, emotional, and spiritual needs of a patient through the collection of subjective and objective data.
- History & Physical:** The data collected during the assessment process is recorded in a patient's chart.
- Planning:** The data from the assessment and physical is used to identify nursing problems and outcomes (i.e., nursing interventions).
- Implementation:** The nursing interventions are put into practice.
- Evaluation:** The outcomes of practicing interventions are assessed.

BASIC HEAD-TO-TOE ASSESSMENT

- General:** Always observe appearance and behavior, posture, gait, speech, vision, hearing, skin, height and weight, breathing and circulation.
- Head and neck:** Assess skull size, shape, and symmetry, as well as hair and scalp. Palpate for masses or tenderness, fontanelles, and skull sutures. Assess for tenderness and rigidity. Inspect oropharynx and nasal cavity. Assess oral cavity for dryness, ulcers, and lesions. Inspect and palpate the neck for masses, lymph nodes, and thyroid gland.
- Upper extremities:** Inspect skin, hair, fingernails, and joints. Palpate for tenderness, masses, and lymph nodes.
- Lower extremities:** Inspect skin, hair, and joints. Palpate for tenderness, masses, and lymph nodes.

ASSESSING LUNG SOUNDS

Respiratory lung sounds occur throughout the respiratory tract. The sounds are classified into three categories: normal, abnormal, and adventitious.

- Normal lung sounds:** Clear, crisp, and high-pitched. Heard over the chest, bronchial, vesicular, and rhonchovesicular.
- Abnormal lung sounds:** Crackles, wheezes, and rhonchi.
- Adventitious lung sounds:** Crackles, wheezes, and rhonchi.

ADVENTITIOUS LUNG SOUNDS & POTENTIAL CAUSES

Sound	Characteristics	Potential Causes
Crackles	Short, popping, bubbling, rales	Fluid in alveoli, pneumonia, pulmonary edema, heart failure
Wheezes	High-pitched, whistling, musical	Asthma, COPD, bronchospasm
Rhonchi	Low-pitched, rattling, snoring	Secretions in airway, COPD, bronchitis
Stridor	High-pitched, harsh, wheezing	Upper airway obstruction, croup, epiglottitis
Stridor	Low-pitched, harsh, wheezing	Upper airway obstruction, croup, epiglottitis

PERCUSSION SOUNDS & HORIZONTAL CAUSES

Sound	Characteristics	Potential Causes
Hyperresonance	High-pitched, hollow, booming	Emphysema, COPD, pneumothorax
Resonance	Normal	Normal
Dullness	Short, soft, flat	Consolidation, pneumonia, atelectasis
Hyper-dullness	Short, soft, flat	Consolidation, pneumonia, atelectasis
Flatness	Short, soft, flat	Consolidation, pneumonia, atelectasis
Stony dullness	Short, soft, flat	Consolidation, pneumonia, atelectasis



Synopsis

Our thorough coverage of general nursing duties, including analysis and assessment techniques, just got better with our newly expanded and updated Nursing guide. Better organized information and detailed tables make this quick reference for nurses and students easier to navigate.

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Customer Reviews

I absolutely love these study cards! They're nicely organized and great for review and study sessions. As a current nursing student, I highly recommend!

Nice quality, nice and thick and fit into my clinical notebook nicely. Lots of info on these! Wow!! Thank you!

Excellent reference, not only for nursing students but professionals like myself that have been nursing for a while.

Great price is washable if needed fits on clipboard well.

wonderful for nursing students. worth the money

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